

# IMPROV for DEMENTIA CAREGIVERS

An event honouring World Alzheimer's Day 2020

At the Reitman Centre, we have learned how creativity can deepen connection and improve communication with a person living with dementia. We would like to share some of these techniques with you.

THURSDAY  
**SEPT. 24**  
1 - 2 PM

A **FREE** online event via  
ZOOM videoconference



What will I learn?

- **How you can bring more meaning to your day-to-day interactions** with a person living with dementia through creative approaches based on principles from improv
- **Practice new and effective communication skills and strategies** by engaging in creative exercises in a safe and non-judgmental environment

This event is led by Reitman Centre Mental Health Clinicians who are trained theatre arts professionals

## Register Online:

<https://www.dementiacarers.ca/WAD2020>



**Sinai  
Health**

Cyril & Dorothy, Joel & Jill  
Reitman Centre for Alzheimer's  
Support and Training

For more information:  
**T: 416-586-4800 ext. 5882**